



Healthy Communities

Partnering with Local Governments to Improve Health & Wellness

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The Mandate for Healthy Communities

Ministry of Health

- Improve population health through core public health programs and implement targeted health promotion and prevention initiatives to reduce the incidence of chronic disease

Guiding Framework for Public Health

IH Goal

- Improve Health and Wellness



WHAT MAKES CANADIANS SICK?

50%

YOUR LIFE

- INCOME
- EARLY CHILDHOOD DEVELOPMENT
- DISABILITY
- EDUCATION
- SOCIAL EXCLUSION
- SOCIAL SAFETY NET
- GENDER
- EMPLOYMENT/WORKING CONDITIONS
- RACE
- ABORIGINAL STATUS
- SAFE AND NUTRITIOUS FOOD
- HOUSING/HOMELESSNESS
- COMMUNITY BELONGING

25%

YOUR HEALTH CARE

- ACCESS TO HEALTH CARE
- HEALTH CARE SYSTEM
- WAIT TIMES

15%

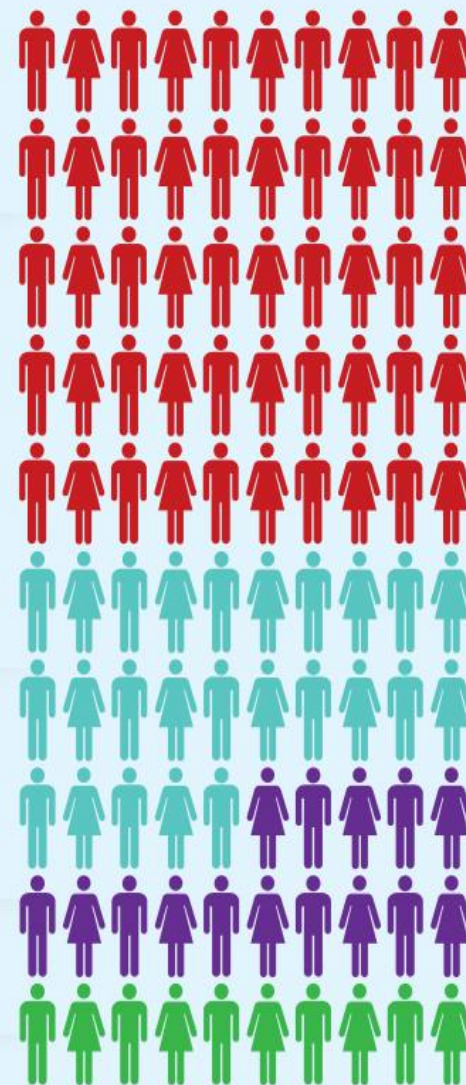
YOUR BIOLOGY

- BIOLOGY
- GENETICS

10%

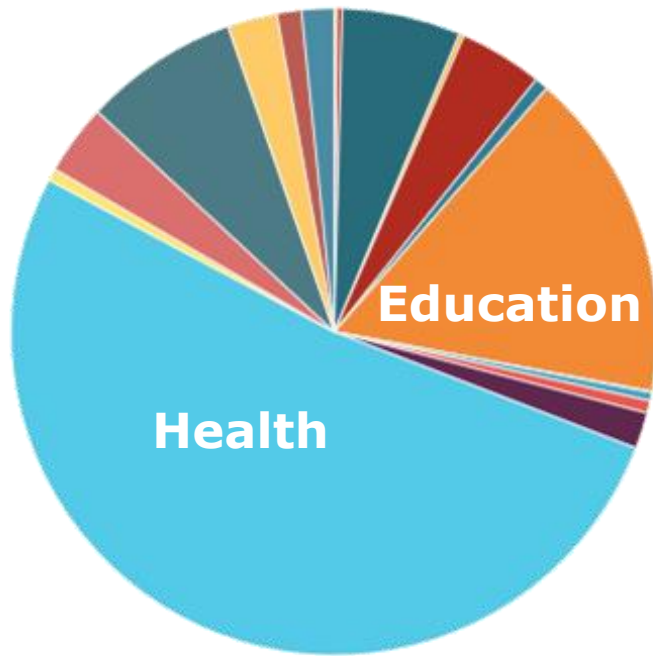
YOUR ENVIRONMENT

- AIR QUALITY
- CIVIC INFRASTRUCTURE



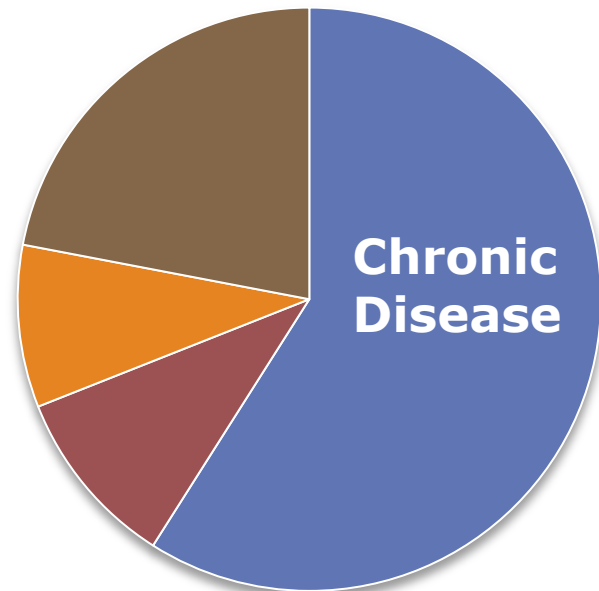
THESE ARE CANADA'S SOCIAL DETERMINANTS OF HEALTH #SDOH

Provincial Context



Ministry Spending

Burden of Disease



The Five Pillars



Physical
Activity



Healthy Eating



Tobacco
Reduction



Healthy Built
Environments



Priority
Populations



Importance of Partnership Agreements

- Long term commitments
- Recognition of longer time frames for results
- Long term value for the community



IH Healthy Communities

- Strengthening partnerships with local governments
- Partnership Agreements

- Setting priorities for action
- Healthy Living Strategic Plans
- Description of project, action, outcome, timeframe and evidence

- Engaging relevant expertise including:
 - Community Health Facilitators, Healthy Built Environment Specialists, Public Health Dietitians, Tobacco Reduction Coordinators, Community Liaisons, Medical Health Officers and others...



Healthy Communities in IH

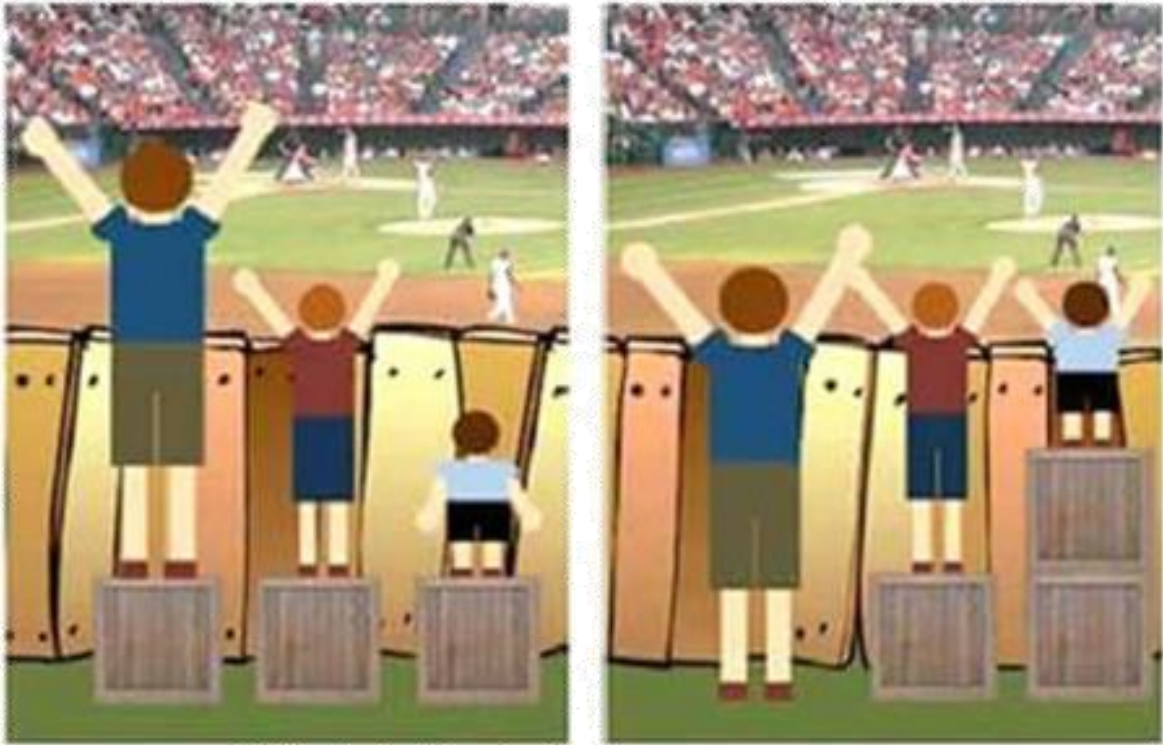
By working together, we can support policy and environmental changes, including:

- Active Transportation Planning
- Healthy City Strategies
- Smoke-Free spaces bylaws
- Food system planning
- Collaboration for Sustainability & Official Community Plans



Community consultation in Clearwater helped guide the District's transportation planning process, which included IH's Healthy Built Environment team as well as Community Health Facilitator Jenny Green.

Equality vs. Equity



Resource Support



PHSA: Healthy Built Environment Linkages Toolkit & Community Health Profiles.



BCHC Society: Funding and coaching for Forums and Workshops.



Plan H: Useful Policy and Action Guides for Local Governments, Information Portals & Recognition Opportunities.