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## We're Engaging Younger Patient Partners! Here's How

A key priority for PVN is to diversify our network to better reflect the population in BC. We've been working to recruit patient partners with specific health experiences, youth and men, as well as populations of varying social and cultural backgrounds.

In [this post](#), our engagement leader [Carol Stathers](#) tells us more about PVN's initiatives to engage youth, such as using the same methods that youth typically use to communicate with their peers, reaching out to universities and colleges and, in some special cases, sending direct invitations when looking for patient partners with specific experiences.



[Read the post](#) and let us know if you have any other ideas to bring younger patient partners to our network!

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### Stay Tuned for Quality Forum 2017!

We're less than two weeks away from [Quality Forum 2017](#), which will take place from March 1-3 in Vancouver, and we're preparing a few ways to help you join the online conversation if you aren't able to attend the conference.

We'll send out blog posts and a newsletter during the week of the Forum to let you know how to participate. This will include our plans for capturing the event in real time on Twitter and Facebook with the hashtags #QFpt and #QF17, as well as a special announcement.

So watch your inbox and make sure you follow PVN on [Twitter](#), [Facebook](#) and [LinkedIn](#), as well as the BCPSQC on [Instagram](#), [Twitter](#) and [Facebook](#).

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## Webinar Recording: "What's at the Heart of What Matters to You?"

On Tuesday the [Change Ambassadors Network BC](#) presented a webinar to discuss “What matters to you?”, a message at the heart of a new campaign that the PVN team is proud to support!

During the presentation, Sonya Chandler talked about how, as a Registered Nurse and quality & experience consultant, she is finding ways to have “what matters to you?” conversations in the work she does within the quality portfolio.

We also helped share details of a new patient-centred campaign to improve care and build relationships between health care providers and patients, which is gearing up to launch next week.

If you missed the webinar, you can [watch a recording](#).

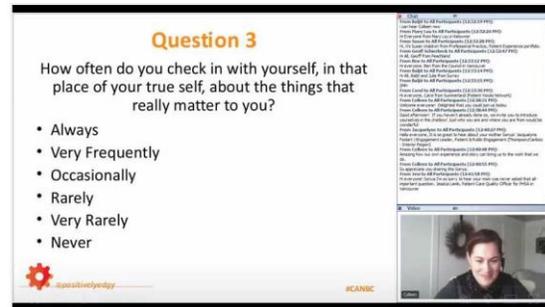
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## Minutes from Our Oversight & Advisory Committee Meeting

Our Oversight & Advisory Committee’s first meeting of the year took place on February 2 at the Council’s office. It was a full day session to work on co-creating a new three-year strategic plan for PVN, building off your feedback in the PVN Consultation Survey. Stay tuned for more information as the plan develops in the coming weeks!

The [meeting minutes](#) are now available, as well as the [agenda](#) with more details. Please feel free to get in touch with us if you have any questions or suggestions!

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## Article of Interest: "How to Read and Understand a Scientific Paper: A Guide for Non-Scientists"

Scientific journals feature some of the most up-to-date information about health but their structure and scientific terms are often hard to read and comprehend for those of us without a scientific background. In order to try and help "laypeople," Jennifer Raff, an assistant professor in the Department of Anthropology at the University of Kansas, decided to create a guide for non-scientists on how to read and understand a scientific paper.

In her [guide](#) published on [The Impact Blog](#), Jennifer lists all the steps someone with a non-scientific background can follow to read and understand a scientific research paper. So useful!

### How to read a scientific paper: a guide for non-scientists

1. Read the introduction (not the abstract)
2. Identify the BIG QUESTION
3. Summarize the background in five sentences
4. Identify the SPECIFIC QUESTION(S)
5. Identify the approach
6. Draw a diagram for experiments, showing methods
7. Summarize results for each experiment
8. Do results answer the SPECIFIC QUESTION(S)?
9. Read conclusion/discussion/interpretation section
10. Now, read the abstract.
11. What do other researchers say about this paper?

- Dr Jennifer Raff



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## Questions or Suggestions?

Your feedback is very important to us. What kinds of volunteer opportunities are you interested in? What else would you like to see in our newsletters?

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